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ST AMOUR ANDRE
Form 4
January 31, 2003

FORM 4

OMB APPROVAL

OMB Number: 3235-0287
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UNITED STATES SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or
Section 30(h) of the Investment Company Act of 1940

[] Check this box if no longer subject to Section 16. Form 4 or Form 5
obligations may continue. See Instruction 1(b).

(Print or Type Responses)

=====

1. Name and Address of Reporting Person*

St-Amour Andre

(Last) (First) (Middle)
1370 Timberlake Manor Parkway

(Street)

Chesterfield Missouri 63017

(City) (State) (Zip)

=====

2. Issuer Name AND Ticker or Trading Symbol

Reinsurance Group of America, Inc. (RGA)
=====

3. I.R.S. Identification Number of Reporting Person, if an entity (voluntary)

=====

4. Statement for Month/Day/Year

01/29/2003
=====

5. If Amendment, Date of Original (Month/Day/Year)

=====

6. Relationship of Reporting Person(s) to Issuer
(Check all applicable)

[] Director [] 10% Owner
[X] Officer (give title below) [] Other (specify below)

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| Security (Instr. 3) | Secu- rity | Day/ Year) | Day/ Year) | ----- Code V | ----- (A) | (D) | Exer- cisable | tion Date | Title | of Shares |
|------------------------|---------------|---------------|---------------|-----------------|--------------|-----|------------------|--------------|-------|--------------|
|------------------------|---------------|---------------|---------------|-----------------|--------------|-----|------------------|--------------|-------|--------------|

| | | | | | | | | | | |
|---------------------------------|---------|----------|--|---|--------|--|-----|----------|-----------------|--------|
| Stock Options (Right to buy) | \$27.29 | 01/29/03 | | A | 28,857 | | (1) | 01/29/13 | Common Stock | 28,857 |
|---------------------------------|---------|----------|--|---|--------|--|-----|----------|-----------------|--------|

Explanation of Responses:

(1) Vests in five (5) equal annual installments beginning on the first anniversary of the date of grant specified in column 3.

/s/ William L. Hutton

January 31, 2003

**Signature of Reporting Person

Date

By: William L. Hutton, Attorney-in-fact
St-Amour, Andre
1370 Timberlake Manor Parkway

Chesterfield MO 63017
Reinsurance Group of America, Inc. (RGA)
01/2003

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.