

SIMMONS FIRST NATIONAL CORP
 Form 4
 July 15, 2005

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
CROW BARRY L

2. Issuer Name and Ticker or Trading Symbol
SIMMONS FIRST NATIONAL CORP [SFNC]

5. Relationship of Reporting Person(s) to Issuer
 (Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year)
07/13/2005

___ Director ___ 10% Owner
 Officer (give title below) ___ Other (specify below)
CHIEF OPERATING OFFICER

SIMMONS FIRST NATIONAL CORPORATION, 501 MAIN STREET

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 ___ Form filed by More than One Reporting Person

PINE BLUFF, AR 71611

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)			
				(A) or (D)	Price					
				Code	V	Amount				
SFNC	07/13/2005		M		1,200	A	\$ 12.83	22,593	D	
SFNC	07/13/2005		F		541	D	\$ 28.43	22,052	D	
SFNC	07/13/2005		M		400	A	\$ 12.22	22,452	D	
SFNC	07/13/2005		F		171	D	\$ 28.43	22,281	D	
SFNC	07/13/2005		M		400	A		22,681	D	

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					\$			
					12.22			
SFNC	07/13/2005	F	171	D	\$	22,510	D	
					28.43			
SFNC	07/13/2005	M	400	A	\$	22,910	D	
					12.22			
SFNC	07/13/2005	F	171	D	\$	22,739	D	
					28.43			
SFNC	07/13/2005	M	400	A	\$	23,139	D	
					12.22			
SFNC	07/13/2005	F	171	D	\$	22,968	D	
					28.43			
SFNC	07/13/2005	M	400	A	\$	23,368	D	
					10.56			
SFNC	07/13/2005	F	148	D	\$	23,220	D	
					28.43			
SFNC	07/13/2005	M	400	A	\$	23,620	D	
					10.56			
SFNC	07/13/2005	F	148	D	\$	23,472	D	
					28.43			
SFNC	07/13/2005	M	400	A	\$	23,872	D	
					10.56			
SFNC	07/13/2005	F	148	D	\$	23,724	D	
					28.43			
SFNC	07/13/2005	M	400	A	\$	24,124	D	
					10.56			
SFNC	07/13/2005	F	148	D	\$	23,976	D	
					28.43			
SFNC	07/13/2005	M	3,600	A	\$	27,576	D	
					12.13			
SFNC	07/13/2005	F	1,535	D	\$	26,041	D	
					28.43			
SFNC	07/13/2005	M	3,600	A	\$	29,641	D	
					12.13			
SFNC	07/13/2005	F	1,535	D	\$	28,106	D	
					28.43			
SFNC	07/13/2005	M	3,600	A	\$	31,706	D	
					12.13			
SFNC	07/13/2005	F	1,535	D	\$	30,171	D	
					28.43			
SFNC	07/13/2005	M	3,600	A		33,771	D	

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						\$		
						12.13		
SFNC	07/13/2005	F	1,535	D	\$	28.43	32,236	D
SFNC	07/13/2005	M	3,600	A	\$	12.13	35,836	D
SFNC	07/13/2005	F	1,535	D	\$	28.43	34,301	D
SFNC	07/13/2005	M	600	A	\$	23.78	34,901	D
SFNC	07/13/2005	F	501	D	\$	28.43	34,400	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Amount or Number of Shares
Incentive Stock Option	\$ 12.83	11/26/1996	07/13/2005	M	1,200	11/26/2000 11/25/2005	Common	1,200
Incentive Stock Option	\$ 12.22	12/28/1999	07/13/2005	M	400	12/28/2000 12/27/2005	Common	400
Incentive Stock Option	\$ 12.22	12/28/1999	07/13/2005	M	400	12/28/2001 12/27/2006	Common	400
Incentive Stock Option	\$ 12.22	12/28/1999	07/13/2005	M	400	12/28/2002 12/27/2007	Common	400

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Incentive Stock Option	\$ 12.22	12/28/1999	07/13/2005	M	400	12/28/2003	12/27/2008	Common	400
Incentive Stock Option	\$ 10.56	07/28/2000	07/13/2005	M	400	07/28/2001	07/27/2006	Common	400
Incentive Stock Option	\$ 10.56	07/28/2000	07/13/2005	M	400	07/28/2002	07/27/2007	Common	400
Incentive Stock Option	\$ 10.56	07/28/2000	07/13/2005	M	400	07/28/2003	07/27/2008	Common	400
Incentive Stock Option	\$ 10.56	07/28/2000	07/13/2005	M	400	07/28/2004	07/27/2009	Common	400
Incentive Stock Option	\$ 12.13	05/07/2001	07/13/2005	M	3,600	05/07/2001	05/06/2011	Common	3,600
Incentive Stock Option	\$ 12.13	05/07/2001	07/13/2005	M	3,600	05/07/2002	05/06/2011	Common	3,600
Incentive Stock Option	\$ 12.13	05/07/2001	07/13/2005	M	3,600	05/07/2003	05/06/2011	Common	3,600
Incentive Stock Option	\$ 12.13	05/07/2001	07/13/2005	M	3,600	05/07/2004	05/06/2011	Common	3,600
Incentive Stock Option	\$ 12.13	05/07/2001	07/13/2005	M	3,600	05/07/2005	05/06/2011	Common	3,600
Incentive Stock Option	\$ 23.78	07/26/2004	07/13/2005	M	600	07/26/2004	07/25/2014	Common	600
Incentive Stock Option	\$ 23.78	07/26/2004		X	0	07/26/2005	07/25/2014	Common	600
Incentive Stock Option	\$ 23.78	07/26/2004		X	0	07/26/2006	07/25/2014	Common	600
Incentive Stock Option	\$ 23.78	07/26/2004		X	0	07/26/2007	07/25/2014	Common	600
Incentive Stock	\$ 23.78	07/26/2004		X	0	07/26/2008	07/25/2014	Common	600

Option

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
CROW BARRY L SIMMONS FIRST NATIONAL CORPORATION 501 MAIN STREET PINE BLUFF, AR 71611			CHIEF OPERATING OFFICER	

Signatures

/s/ Barry L. Crow by Piper P.
Erwin 07/15/2005

__Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.
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