Rosenstein Gregory A. Form 4 January 17, 2013

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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if no longer subject to Section 16. Form 4 or Form 5

obligations

Check this box

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading Rosenstein Gregory A. Issuer Symbol SUPERIOR ENERGY SERVICES (Check all applicable) INC [SPN]

(Last) (First) (Middle) 3. Date of Earliest Transaction Director 10% Owner X_ Officer (give title Other (specify (Month/Day/Year)

below) 601 POYDRAS STREET, SUITE 01/15/2013 **Executive Vice President** 2400

(Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check

> Filed(Month/Day/Year) Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting NEW ORLEANS, LA 70130 Person

(State)

(Zip)

(City)

1. Title of 5. Amount of 2. Transaction Date 2A. Deemed 3. 4. Securities 6. Ownership 7. Nature of Security (Month/Day/Year) Execution Date, if TransactionAcquired (A) or Securities Form: Direct Indirect (Instr. 3) Code Disposed of (D) Beneficially (D) or Beneficial (Instr. 3, 4 and 5) Indirect (I) Ownership (Month/Day/Year) (Instr. 8) Owned (Instr. 4) (Instr. 4) Following Reported (A) Transaction(s)

or (Instr. 3 and 4) Price

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

Code V Amount (D) Common

01/15/2013 $A^{(1)}$ \$0 7,044 Α 37,735 D Stock

Common 1,000 I By Spouse Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title Deriva Securi (Instr.	tive Conversion ty or Exercise	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A)	Expiration Date (Month/Day/Yea		7. Title and A Underlying S (Instr. 3 and	Securities
(IIIsu.	Derivative Security			or Disposed (D) (Instr. 3, 4, and 5)				
			Code V	(A) (I	Date Exercisable	Expiration Date	Title	Amount or Number of Share
Option (right buy)		01/15/2013	A	18,065	01/15/2014(2)	01/15/2023	Common Stock	18,065

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Rosenstein Gregory A. 601 POYDRAS STREET SUITE 2400 NEW ORLEANS, LA 70130

Executive Vice President

Signatures

/s/ William B. Masters, on behalf of Gregory A. Rosenstein pursuant to a power of attorney

01/17/2013

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents a grant of restricted stock from the issuer.
- (2) The stock options are excercisable in 1/3 annual increments beginning on the date indicated and ending on the second anniversary thereof. Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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