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CROATTI C	YNTHIA									
Form 4										
February 07,	2006									
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION								OMB AF	PPROVAL	
	UNITED S.		JRITIES A ashington,			NGE C	COMMISSION	OMB Number:	3235-0287 January 31,	
Check this if no longe subject to Section 16 Form 4 or Form 5	er STATEMI 5.	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES								
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940										
(Print or Type R	esponses)									
CROATTI CYNTHIA Syn			2. Issuer Name and Ticker or Trading Symbol JNIFIRST CORP [UNF]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First) (Mi	ddle) 3. Dat	3. Date of Earliest Transaction				(Check an applicable)			
68 JONSPIN ROAD			(Month/Day/Year) 02/06/2006				_X_ Director _X_ 10% Owner _X_ Officer (give title Other (specify below) Executive VP & Treasurer			
			mendment, Date Original /onth/Day/Year)				6. Individual or Joint/Group Filing(CheckApplicable Line)_X_ Form filed by One Reporting Person			
WILMINGT	ON, MA 01887						Form filed by M Person	lore than One Re	porting	
(City)	(State) (Z	Zip) T	able I - Non-E	Derivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)2. Transaction Date (Month/Day/Year)2A. Deemed Execution Date, if any (Month/Day/Year)		Code	4. Securi on(A) or Di (Instr. 3,	ispose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
0			Code V	Amount	or (D)	Price	Transaction(s) (Instr. 3 and 4)			
Common Stock							2,923	Ι	By 401(k)	
Common Stock	02/06/2006		S	100	D	\$ 33.72	167,634	I <u>(1)</u>	By Trusts and LLC	
Common Stock							20,000	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivatives Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	5	Date	7. Titl Amou Under Secur (Instr.	ınt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
CROATTI CYNTHIA 68 JONSPIN ROAD WILMINGTON, MA 01887	Х	Х	Executive VP & Treasurer					
Signatures								
Cynthia Croatti, by power of attorney)6						
**Signature of Reporting Person		Date						

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) See Note 1 to Addendum.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.