

UNIFIRST CORP  
Form 8-K  
January 14, 2009  
UNITED STATES

SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

**FORM 8-K**

**CURRENT REPORT**

**Pursuant to Section 13 or 15(d) of the  
Securities Exchange Act of 1934**

Date of Report (Date of earliest event reported)

**January 13, 2009**

**UNIFIRST CORPORATION**

(Exact Name of Registrant as Specified in Charter)

Massachusetts  
(State or Other Jurisdiction of Incorporation)

1-8504  
(Commission File Number)

04-2103460  
(IRS Employer Identification No.)

68 Jonspin Road, Wilmington, Massachusetts 01887

(Address of Principal Executive Offices) (Zip Code)

Registrant's telephone number, including area code: (978) 658-8888

**Not Applicable**

(Former Name or Former Address, if Changed Since Last Report)

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Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act  
(17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act  
(17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act  
(17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act  
(17 CFR 240.13e-4(c))

**ITEM 5.02. DEPARTURE OF DIRECTORS OR CERTAIN OFFICERS; ELECTION OF DIRECTORS; APPOINTMENT OF CERTAIN OFFICERS; COMPENSATORY ARRANGEMENTS OF CERTAIN OFFICERS.**

**Appointment of Principal Financial Officer**

On January 13, 2009, UniFirst Corporation ( UniFirst and the Company ) announced that the Board of Directors of the Company appointed Steven Sintros, age 35, as the Company s Vice President and Chief Financial Officer, effective immediately. Mr. Sintros is a Certified Public Accountant and has been with UniFirst since February 2004. He has held the position of Corporate Controller with the Company since January 2005. Prior to joining UniFirst, Mr. Sintros was a manager with Ernst & Young LLP and Arthur Andersen LLP in their Boston offices. Mr. Sintros will receive a base annual salary of \$225,000. In connection with his appointment, Mr. Sintros was granted an option to purchase 1,300 shares of UniFirst common stock.

On January 13, 2009, the Company also announced that John Bartlett is retiring as its Senior Vice President and Chief Financial Officer effective immediately. Mr. Bartlett will be continuing on with the Company in a limited role as a senior business advisor.

A copy of the press release the Company issued announcing the appointment of Mr. Sintros and the retirement of Mr. Bartlett is filed as Exhibit 99 to this Current Report on Form 8-K and is incorporated by reference herein.

**Item 9.01. Financial Statements and Exhibits.**

(d) Exhibits

<u>EXHIBIT NO.</u>	<u>DESCRIPTION</u>
99	Press Release of the Company dated January 13, 2009

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

UNIFIRST CORPORATION

Date: January 14, 2009

By: /s/ Ronald D. Croatti  
Name: Ronald D. Croatti  
Title: Chairman of the Board, Chief

Executive Officer and President

By: /s/ Steven S. Sintros  
Name: Steven S. Sintros  
Title: Vice President and Chief Financial Officer

**Exhibit Index**

EXHIBIT NO.

DESCRIPTION

99

Press Release of the Company dated January 13, 2009