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MCCLURE CHARLES	G								
Form 4									
December 02, 2009							OME	APPROVAL	
FORM 4UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549OMB Mumber:Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).OMB Number:Statement Of CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIESStatement Of Changes Section 16. Expires:Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940Statement Of Section I Section 1940								3235-0287	
								ed average nours per	
(Print or Type Responses)									
1. Name and Address of Repo MCCLURE CHARLES	2. Issuer Name and Ticker or Trading Symbol ARVINMERITOR INC [ARM]				5. Relationship of Reporting Person(s) to Issuer				
(Last) (First)	(Middle)	3. Date of Earliest Transaction				(Check all applicable)			
ARVINMERITOR, INC WEST MAPLE ROAD	(Month/Day/Year) 12/02/2009				X Director 10% Owner X Officer (give title Other (specify below) below) Chairman, CEO and President				
(Street)	4. If Amendment, Filed(Month/Day/Y	-	nal		6. Individual or Joint/Group Filing(Check Applicable Line)				
TROY, MI 48084-7186					_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State)	(Zip)	Table I - Nor	n-Derivativ	e Secu	irities Acq	uired, Disposed o	of, or Benefi	cially Owned	
1.Title of Security (Instr. 3)2. Transaction I (Month/Day/Ye)	d 3. 4. Securities Acquired (A) Date, if Transactionor Disposed of (D) Code (Instr. 3, 4 and 5) y/Year) (Instr. 8)				5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
		Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)	(I) (Instr. 4)		
Common Stock 12/02/2009		S	24,437 (1)	D	\$ 8.3466 (2)	907,210 <u>(3)</u>	D		
Common Stock						609	Ι	ArvinMeritor Savings Plan (4)	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amou Unde Secur	le and int of rlying ities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
I O	Director	10% Owner	Officer	Other			
MCCLURE CHARLES G ARVINMERITOR, INC. 2135 WEST MAPLE ROAD TROY, MI 48084-7186	Х		Chairman, CEO and President				
Signatures							

Charles G. McClure, Jr., by Barbara Novak, Attorney-in-fact

**Signature of Reporting Person

Explanation of Responses:

- If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- In connection with the vesting and delivery of restricted stock, and pursuant to the terms of the restricted stock agreement and a Rule (1)10b5-1 plan, shares were sold and the net proceeds used to pay required withholding taxes.
- Reflects the weighted average sales price. The actual range of prices for such transactions was \$8.313 to \$8.3473. The filer undertakes (2)upon request to provide full information regarding the number of shares sold at each price.

Reflects the vesting of 58,979 shares of restricted stock on December 1, 2009, with 24,437 of such shares sold to pay required withholding taxes and the remaining 34,542 shares held as freely transferable and not as restricted stock. Total also includes 317,501

- (3) shares of restricted stock that are held by the issuer to implement restrictions on transfer unless and until certain conditions are met and 387,000 restricted stock units, each of which represents the right to receive one share of common stock upon the vesting date, subject to terms and conditions.
- Shares purchased periodically and held in ArvinMeritor common stock funds in an employee benefit trust established under the (4)ArvinMeritor Savings Plan, based on information furnished by the Plan Administrator as of October 31, 2009.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Date

12/02/2009