

EXTENDICARE INC /CAN/  
Form 6-K  
March 31, 2006

**SECURITIES AND EXCHANGE COMMISSION**

**Washington, D.C. 20549**

**FORM 6-K**

**Report of Foreign Issuer**

**Pursuant to Rule 13a-16 or 15d-16 of  
the Securities Exchange Act of 1934**

**For March 29, 2006**

**EXTENDICARE INC.**

*(Translation of registrant's name into English)*

3000 Steeles Avenue East

Markham, Ontario, Canada L3R 9W2

*(Address of principal executive offices)*

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F

Form 40-F

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes

No

If  Yes is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): N/A

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**EXHIBIT INDEX**

Exhibit Number	Description of Exhibit
99.1	Notice of Annual and Special Meeting of Holders of Subordinate Voting Shares and Multiple Voting Shares and Management Information and Proxy Circular dated March 3, 2006
99.2	Form of Proxy
99.3	Extendicare Inc. Business Conduct Policy

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**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

**EXTENDICARE INC.**

Date: March 28, 2006

By: /s/ RICHARD L. BERTRAND  
Richard L. Bertrand  
Senior Vice-President and  
Chief Financial Officer