MACNAMARA BRIAN G

Form 4

February 09, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

January 31, 2005

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Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

	1. Name and Address of Reporting Person MACNAMARA BRIAN G		2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer			
			HOST HOTELS & RESORTS, INC. [HST]	(Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	Director	10% Owner		

(Month/Day/Year)

4. If Amendment, Date Original

SVP, Accounting & Controller

_X__ Officer (give title Other (specify below)

6903 ROCKLEDGE DRIVE, SUITE 02/05/2009

1500

Restricted

Stock

02/05/2009

6. Individual or Joint/Group Filing(Check

Applicable Line)

Filed(Month/Day/Year) _X_ Form filed by One Reporting Person Form filed by More than One Reporting

BETHESDA, MD 20817

(Street)

(City)	(State) (Z	Zip) Table	e I - Non-D	erivative S	Securit	ties Acqu	ired, Disposed of	, or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securit on(A) or Dis (Instr. 3, 4)	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	02/05/2009		A(1)	992	A	\$ 5.075	8,674.2131	D	
Common Stock	02/05/2009		F	500	D	\$ 5.075	8,174.2131	D	
Restricted Stock	02/05/2009		A	44,271	A	\$ 7.44	54,266	D	
Restricted Stock	02/05/2009		A(1)	992	D	\$ 5.075	53,274	D	

7,934

D

\$0

45,340

D

J(2)

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Deferred

Bonus 700 D Stock

Award

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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8,7

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number proof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amour Underlying Securit (Instr. 3 and 4)	
						Date Exercisable	Expiration Date	Title	Amo or Num

Code V (A) (D)

Non-Qualified

Common Stock Option \$ 5.075 02/05/2009 $A^{(3)}$ 8,708 12/31/2009 02/05/2019 Stock

(right to buy)

Reporting Owners

Relationships Reporting Owner Name / Address

> Director 10% Owner Officer Other

MACNAMARA BRIAN G 6903 ROCKLEDGE DRIVE

SVP, Accounting & Controller **SUITE 1500**

BETHESDA, MD 20817

Signatures

By: William Kelso For: Brian G. 02/09/2009

Macnamara

**Signature of Reporting Person Date

2 Reporting Owners

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction represents the release of restrictions on shares from the 2006-2008 performance grant which vests on a periodic basis, and the inclusion of such shares into unrestricted common stock.
- (2) This transaction represents the forefeiture of the restricted stock shares under the Comprehensive Stock Plan program for the years 2006-2008.
- (3) 2009 Stock Option Grant

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.