LARSON GREGORY J

Form 4

August 27, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

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obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

Stock Award

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person * LARSON GREGORY J			2. Issuer Name and Ticker or Trading Symbol HOST HOTELS & RESORTS, INC. [HST]]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (Middle) 6903 ROCKLEDGE DRIVE, SUITE 1500			3. Date of Earliest Transaction (Month/Day/Year) 08/25/2009					Director 10% Owner Officer (give title Other (specify below) EVP, Corp Strategy & Fund Mgt			
(Street) BETHESDA, MD 20817			4. If Amendment, Date Original Filed(Month/Day/Year)				-	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
(City)		tata) (7in)				:4:		Person uired, Disposed of, or Beneficially Owned			
1.Title of Security (Instr. 3)	2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if any (Month/Day/Year)		3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or				5. Amount of Securities Ownership Indirect Beneficially Form: Direct Benefici Owned (D) or Ownership Indirect (I) (Instr. 4) Transaction(s) 6. 7. Natural Control of Securities Ownership Indirect (I) Ownership Indirect (I) (Instr. 4)				
Restricted Stock	08/25/2009			Code V A(1)	Amount 369,792	(D)	Price \$ 10.4	(Instr. 3 and 4) 554,688	D		
Common Stock								39,628	D		
Deferred Bonus Stock								1,363	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. TransactionNumber Code of (Instr. 8) Derivative Securities Acquired				7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
	Security				(A) or Disposed of (D) (Instr. 3, 4, and 5)				
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Non-Qualified Stock Option (right to buy)	\$ 0					12/31/2009	02/05/2019	Common Stock	36,368
Non-Qualified Stock Option (right to buy)	\$ 0					12/31/2010	05/14/2019	Common Stock	72,736

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

LARSON GREGORY J 6903 ROCKLEDGE DRIVE SUITE 1500 BETHESDA, MD 20817

EVP, Corp Strategy & Fund Mgt

Signatures

By: Elizabeth A. Abdoo For: Gregory J.
Larson 08/27/2009

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This award represents a two-year up-front grant for 2010-2011. The final number of shares that would vest depends on the satisfaction of personal performance objectives and Company financial performance measures.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 2

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