LARSON GREGORY J

Form 4

February 23, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

3235-0287 Number:

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if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

Restricted

Common

Deferred **Bonus Stock**

Award

Stock

Stock

02/19/2010

(Print or Type Responses)

| 1. Name and Ad LARSON G | Symbol | HOST HOTELS & RESORTS, INC. | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) | | | | |
|--------------------------------------|---|--|---|------------------------------------|--|--|--|---|--|
| (Last) 6903 ROCK 1500 | (First) (Mi | (Month/ | 3. Date of Earliest Transaction (Month/Day/Year) 02/19/2010 | | | Director 10% OwnerX Officer (give title Other (specify below) EVP, Corp Strategy & Fund Mgt | | | |
| BETHESDA | | 4. If Amendment, Date Original Filed(Month/Day/Year) | | | | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person | | | |
| (City) | Zip) Tab | Table I - Non-Derivative Securities Acc | | | | quired, Disposed of, or Beneficially Owned | | | |
| 1.Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, it any (Month/Day/Year | Code | on(A) or Di (D) (Instr. 3, 4 | | Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | |

 $J_{\underline{1}}$

20,339 D

\$0

422,020

103,362

913

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

D

D

D

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. 5. TransactionNumber Code of (Instr. 8) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, | | | | 7. Title and Amount of Underlying Securities (Instr. 3 and 4) | |
|---|---|---|---|---|-------------------|---------------------|--------------------|---|-------------------------------------|
| | | | | Code V | 4, and 5) (A) (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares |
| Non-Qualified Stock Option (right to buy) | \$ 0 | | | | | 12/31/2009 | 02/05/2019 | Common Stock | 36,368 |
| Non-Qualified Stock Option (right to buy) | \$ 0 | | | | | 12/31/2010 | 05/14/2019 | Common Stock | 72,736 |

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

LARSON GREGORY J 6903 ROCKLEDGE DRIVE SUITE 1500 BETHESDA, MD 20817

EVP, Corp Strategy & Fund Mgt

Signatures

By: Elizabeth A. Abdoo For: Gregory J.

Larson

02/23/2010

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares represent the forfeiture of restricted stock under the Comprehensive Stock Plan for the year 2009.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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