CHALK W KENDALL

Form 4

February 24, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

January 31, Expires: 2005 Estimated average

Form 4 or Form 5 obligations may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

burden hours per response... 0.5

OMB APPROVAL

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * CHALK W KENDALL			Issuer Nar abol		Ficker or Trading	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First) (N	Middle) 3.	ate of Earl	liest Transaction		(Check an applicable)			
P O BOX 12	50	`	(Month/Day/Year) 02/22/2005			Director 10% Owner _X Officer (give title Other (specification) below) Sr. Executive Vice President			
(Street)			4. If Amendment, Date Original			6. Individual or Joint/Group Filing(Check			
		Fil	d(Month/Da	ay/Year)		Applicable Lin _X_ Form file	ne) d by One Reporting P	'erson	
WINSTON-S	SALEM, NC 271	021250				Form filed Person	by More than One R	eporting	
(City)	(State)	(Zip)	Table I -	Non-De	rivative Securities A	equired, Dispos	ed of, or Beneficia	ally Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)				4. Securities nAcquired (A) or Disposed of (D)	5. Amount of Securities Beneficially	6. Ownership Form: Direct (D) or	7. Nature of Indirect Beneficial	

Owned

Indirect (I)

(Instr. 4)

Ownership

(Instr. 4)

Following Reported (A) Transaction(s) (Instr. 3 and 4) Code V Amount (D) Price

Common 48,680 D Stock

Common 53,055.673 (1) I By 401(k) Stock

(Instr. 8) (Instr. 3, 4 and 5)

Common I 21,330 By Spouse Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

(Month/Day/Year)

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number.

$\label{thm:convertible} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (\emph{e.g.}, puts, calls, warrants, options, convertible securities) \\ \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of Derivative Securities Acquired or Dispos (D) (Instr. 3, 4 and 5)	e (A) sed of	6. Date Exercisabl Expiration Date (Month/Day/Year)		7. Title and A Underlying S (Instr. 3 and	Securit
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amo or Num of Sh
Stock Option (Right to Buy)	\$ 38.64	02/22/2005		A	75,407		02/22/2006(2)	02/22/2015	Common Stock	75,4
Employee Stock Option (right to buy)	\$ 13.188						12/19/1996 <u>⁽³⁾</u>	12/18/2005	Common Stock	26,8
Employee Stock Option (right to buy)	\$ 20.188						02/25/1998(4)	02/24/2007	Common Stock	24,7
Employee Stock Option (right to buy)	\$ 31						02/24/1999(5)	02/23/2008	Common Stock	16,9
Employee Stock Option (right to buy)	\$ 36.313						02/23/2000(6)	02/23/2009	Common Stock	15,2
Employee Stock Option (right to buy)	\$ 23.938						02/22/2001(7)	02/22/2010	Common Stock	55,:
Employee Stock Option	\$ 36.59						02/27/2002(8)	02/27/2011	Common Stock	39,4

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(right to buy)					
Employee Stock Option (right to buy)	\$ 36.84	02/26/2003(9)	02/26/2012	Common Stock	40,
Employee Stock Option (right to buy)	\$ 32.66	02/25/2004(10)	02/25/2013	Common Stock	66,4
Employee Stock Option (right to buy)	\$ 36.68	02/24/2005(11)	02/24/2014	Common Stock	62,0

Reporting Owners

Reporting Owner Name / Address			F ~	
	Director	10% Owner	Officer	Other

CHALK W KENDALL P O BOX 1250 WINSTON-SALEM, NC 271021250

Sr. Executive Vice President

Relationships

Signatures

By: Parris N. Adams, Attorney -

in- fact 02/24/2005

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The reporting person acquired 410.929 shares of common stock during the 4th quarter under the Issuer's 401(k) plan. The information in this report is based on a plan statement dated as of December 31, 2004.
- (2) The option is exercisable in five equal annual installments beginning on 2/22/2006.
- (3) The option is exercisable in three equal annual installments beginning on 12/19/1996.
- (4) The option is exercisable in three equal annual installments beginning on 02/25/1998.
- (5) The option is exercisable in three equal annual installments beginning on 02/24/1999.
- (6) The option is exercisable in three equal annual installments beginning on 02/23/2000.
- (7) The option is exercisable in three equal annual installments beginning on 02/22/2001.
- (8) The option is exercisable in three equal annual installments beginning on 02/27/2002.
- (9) The option is exercisable in three equal annual installments beginning on 02/26/2003.

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- (10) The option is exercisable in five equal annual installments beginning on 02/25/2004.
- (11) The option is exercisable in five equal annual installments beginning on 02/24/2005.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.