HELM JANE P Form 4 February 24, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB

OMB APPROVAL

Number:

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if no longer

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person * **HELM JANE P**

2. Issuer Name and Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to Issuer

P O BOX 1250

(City)

1.Title of

Security

(Instr. 3)

BB&T CORP [(BBT)]

3. Date of Earliest Transaction

(First) (Middle) (Last)

(Month/Day/Year)

X_ Director 10% Owner Officer (give title Other (specify

(Check all applicable)

02/22/2005

4. If Amendment, Date Original

Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

below)

WINSTON-SALEM, NC 271021250

(Street)

(State) (Zip) 2. Transaction Date 2A. Deemed

(Month/Day/Year) Execution Date, if

4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5) 5. Amount of Securities Beneficially Owned Following

6. Ownership 7. Nature of Form: Direct Indirect (D) or Beneficial Indirect (I) Ownership (Instr. 4) (Instr. 4)

Reported (A) or

Transaction(s) (Instr. 3 and 4)

Common Stock

Code V Amount (D) Price

2,356.849 (1) D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

(Month/Day/Year)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Numbor Derive Securities Acquired (A) or Disposed (D) (Instr. 3, and 5)	ative es d	6. Date Exercisab Expiration Date (Month/Day/Year			7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option (right to buy)	\$ 39.35	02/22/2005		A	3,050		02/22/2006(2)	02/22/2015	Common Stock	3,050	
Stock Option (right to buy)	\$ 22.602						06/30/1998	12/31/2007	Common Stock	719	
Stock Option (right to buy)	\$ 24.777						01/01/1999	07/01/2008	Common Stock	3,632	
Stock Option (right to buy)	\$ 28.872						06/30/1999	12/31/2008	Common Stock	727	
Stock Option (right to buy)	\$ 26.764						01/01/2000	07/01/2009	Common Stock	3,530	
Stock Option (right to buy)	\$ 23.238						06/30/2000	12/31/2009	Common Stock	1,032	
Stock Option (right to buy)	\$ 20.744						01/03/2001	07/03/2010	Common Stock	5,350	
Stock Option (right to buy)	\$ 25.503						06/30/2001	12/29/2010	Common Stock	941	
Stock Option	\$ 25.75						01/01/2004	07/01/2013	Common Stock	6,060	

(right to buy)

Stock

buy)

Option \$ 28.89 (right to

06/30/2004 12/31/2013 Common Stock

1,194

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
HELM JANE P							
P O BOX 1250	X						
WINSTON-SALEM, NC 271021250							

Signatures

By: Parris N. Adams, Attorney -in -

fact for: 02/24/2005

> **Signature of Reporting Person Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Includes 15.954 shares acquired in February; 17.331 shares acquired in May; 17.040 shares acquired in August; 16.239 shares acquired in November 2004 and 16.995 shares acquired in February 2005, under the Issuer's Dividend Reinvestment Plan.
- (2) The option is exercisable in five equal annual installments beginning on 2/22/2006.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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