

APPLIANCE RECYCLING CENTERS OF AMERICA INC /MN  
Form 8-K  
March 18, 2004

## SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

### FORM 8-K

#### CURRENT REPORT

**Pursuant to Section 13 or 15(d)  
of the Securities Exchange Act of 1934**

Date of Report: **March 17, 2004**

(Date of earliest event reported)

### Appliance Recycling Centers of America, Inc.

(Exact name of registrant as specified in its charter)

**Minnesota**

(State or other jurisdiction of  
incorporation or organization)

**000-19621**

Commission  
File No.

**41-1454591**

(I.R.S. Employer  
Identification No.)

**7400 Excelsior Boulevard  
Minneapolis, MN**

(Address of principal executive  
offices)

**55426-4517**

**(952) 930-9000**

(Registrant's telephone number, including area code)

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SIGNATURES

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EX099.1 PRESS RELEASE

ITEM 7: FINANCIAL STATEMENTS, PRO FORMA FINANCIAL INFORMATION AND EXHIBITS

(c) Exhibits

<b>Exhibit Number</b>	<b>Description</b>
99.1	Press Release dated March 16, 2004

ITEM 12: RESULTS OF OPERATIONS AND FINANCIAL CONDITION

The following information is furnished pursuant to Item 12, Disclosure of Results of Operations and Financial Condition.

On March 16, 2004, Appliance Recycling Centers of America, Inc. issued a press release announcing that it has been awarded a contract with San Diego Gas & Electric to handle the appliance recycling program in the utility's service territory for 2004. A copy of the press release is attached as an exhibit to this filing on Form 8-K.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

APPLIANCE RECYCLING CENTERS OF AMERICA, INC.

Date: March 17, 2004

/s/Linda Koenig  
Linda Koenig, Vice President of Finance

**Exhibit Index**

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