CANO PETROLEUM, INC Form 8-K December 09, 2005

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, DC 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(D) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported) December 7, 2005

Cano Petroleum, Inc.

(Exact Name of Registrant as Specified in Its Charter)

Delaware

(State or Other Jurisdiction of Incorporation)

000-50386

(Commission File Number)

98-040164

(IRS Employer Identification No.)

The Oil & Gas Commerce Building 309 West 7th Street, Suite 1600 Fort Worth, Texas (Address of Principal Executive Offices)

76102 (Zip Code)

(817) 698-0900

(Registrant s Telephone Number, Including Area Code)

Not Applicable

(Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (*see* General Instruction A.2. below):

- o Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- o Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- o Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- o Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

| Item 1.01. Entry into a Material Definitive Agreement. |
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| 2005 Long-Term Incentive Plan |
| On December 7, 2005, the Cano Petroleum, Inc. (the Company) stockholders approved the Cano Petroleum, Inc. 2005 Long-Term Incentive Plan (the Plan). The Plan was recommended by the Company s board of directors and described in the Company s proxy statement for the 2005 annual meeting. The Plan authorizes the issuance of up to 1,000,000 shares of the Company s common stock to key employees, key consultants and outside directors of the Company and its subsidiaries. |
| The Plan permits the granting of incentive stock options, non-qualified stock options, stock appreciation rights, restricted stock, restricted stock units, performance awards, dividend equivalent rights and other awards, whether granted singly, or in combination or in tandem. No Executive Officer (as defined in the Plan) may receive in any calendar year (i) stock options or stock appreciation rights relating to more than 100,000 shares of the Company s common stock or (ii) restricted stock, restricted stock units, performance awards or other awards that are subject to the attainment of performance goals relating to more than 100,000 shares of the Company s common stock; provided, however, that all such awards of any Executive Officer during any calendar year may not exceed an aggregate of more than 100,000 shares of the Company s common stock. |
| The Plan terminates on December 7, 2015; however, awards granted before that date will continue to be effective in accordance with their terms and conditions. |
| A copy of the Plan is filed herewith as Exhibit 10.1 hereto. |
| Item 9.01. Financial Statements and Exhibits. |
| (d) Exhibits |
| 10.1 Cano Petroleum, Inc. 2005 Long-Term Incentive Plan. |
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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

CANO PETROLEUM, INC.

Date: December 9, 2005

By: /s/ Michael J. Ricketts

Michael J. Ricketts Chief Financial Officer

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EXHIBIT INDEX

Exhibit No.Description10.1Cano Petroleum, Inc. 2005 Long-Term Incentive Plan.

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