PENGROWTH ENERGY TRUST Form 6-K October 25, 2007

SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549 FORM 6-K

Report of Foreign Private Issuer Pursuant to Rule 13a-16 or 15d-16 of the Securities Exchange Act of 1934

October 24, 2007

Commission File Number: 1-31253

PENGROWTH ENERGY TRUST

2900, 240 4 Avenue S.W.

Calgary, Alberta T2P 4H4 Canada

(address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F Indicate by check mark whether the reg	o Form 40- gistrant by furnishing the information co	1
furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Security Exchange Act of 1934.		
Yes o	- 1 -	Г
If Yes is marked, indicate below the Rule 12g3-2(b):	file number assigned to the registrant in	connection with

DOCUMENTS FILED AS PART OF THIS FORM 6-K

See the Exhibit Index to this Form 6-K.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

PENGROWTH ENERGY TRUST

by its administrator PENGROWTH

CORPORATION

October 24, 2007 By: /s/ Gordon M. Anderson

Name: Gordon M. Anderson

Title: Vice President

FORM 6-K EXHIBIT INDEX

Exhibit No.

99.1 Press Release announcing Cash Distribution for November 15, 2007.

NEWS RELEASE

Attention: Financial Editors

Stock (PGF.UN) TSX;
Symbol: (PCH) NYSE

Symbol: (PGH) NYSE

PENGROWTH ENERGY TRUST ANNOUNCES CASH DISTRIBUTION FOR NOVEMBER 15, 2007

(Calgary, October 23, 2007) /CCN Matthews/ Pengrowth Corporation, administrator of Pengrowth Energy Trust, today announced its November 15, 2007 cash distribution will be Cdn \$0.225 per trust unit. The distribution is net of amounts withheld to partially finance capital expenditures. The ex-distribution date is October 30, 2007. The distribution will be payable to all Pengrowth unitholders who hold trust units on the record date of November 1, 2007. The distribution of Cdn \$0.225 per trust unit is equivalent to approximately U.S. \$0.235 per trust unit using a U.S./Canadian dollar exchange ratio of 0.9642. The actual U.S. dollar equivalent distribution will be based upon the actual U.S./Canadian exchange rate applied on the payment date, net of applicable Canadian withholding taxes. This distribution relates to the production month of September 2007. Cash distributions paid over the past 12 months now total Cdn \$2.95 per trust unit or approximately U.S. \$2.71 per trust unit.

PENGROWTH CORPORATION

James S. Kinnear

Chairman, President and Chief Executive Officer

For further information about Pengrowth, please visit our website www.pengrowth.com or contact:

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