PENGROWTH ENERGY TRUST Form 6-K November 23, 2007

# SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549 FORM 6-K

Report of Foreign Private Issuer Pursuant to Rule 13a-16 or 15d-16 of the Securities Exchange Act of 1934 November 22, 2007 Commission File Number: 1-31253

Calgary, Alberta T2P 0B4 Canada

(address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F o Form 40-F b

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Security Exchange Act of 1934.

Yes o No b

If Yes is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b):

## DOCUMENTS FILED AS PART OF THIS FORM 6-K

See the Exhibit Index to this Form 6-K.

## **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

PENGROWTH ENERGY TRUST

by its administrator PENGROWTH

**CORPORATION** 

November 22, 2007 By: /s/ Gordon M. Anderson

Name: Gordon M. Anderson

Title: Vice President

# FORM 6-K EXHIBIT INDEX

Exhibit No.

99.1 Press Release announcing cash distribution for December 15, 2007

#### **NEWS RELEASE**

Attention: Financial Stock (PGF.UN) TSX; Editors Symbol: (PGH) NYSE

# PENGROWTH ENERGY TRUST ANNOUNCES CASH DISTRIBUTION FOR DECEMBER 15, 2007

(Calgary, November 21, 2007)/CCN Matthews/ Pengrowth Corporation, administrator of Pengrowth Energy Trust, today announced its December 15, 2007 cash distribution will be Cdn \$0.225 per trust unit. The distribution is net of amounts withheld to partially finance capital expenditures. The ex-distribution date is November 29, 2007. The distribution will be payable to all Pengrowth unitholders who hold trust units on the record date of December 3, 2007. The distribution of Cdn \$0.225 per trust unit is equivalent to approximately U.S. \$0.229 per trust unit using a U.S./Canadian dollar exchange ratio of 0.9844. The actual U.S. dollar equivalent distribution will be based upon the actual U.S./Canadian exchange rate applied on the payment date, net of applicable Canadian withholding taxes. This distribution relates to the production month of October 2007. Cash distributions paid over the past 12 months now total Cdn \$2.925 per trust unit or approximately U.S. \$2.722 per trust unit.

#### PENGROWTH CORPORATION

James S. Kinnear

Chairman, President and Chief Executive Officer

For further information about Pengrowth, please visit our website www.pengrowth.com or contact:

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