

PENGROWTH ENERGY TRUST

Form 6-K

March 19, 2008

SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16 of the

Securities Exchange Act of 1934

March 19, 2008

Commission File Number: 1-31253

PENGROWTH ENERGY TRUST

2100, 222 nd Avenue S.W.

Calgary, Alberta T2P 0B4 Canada

(address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F Form 40-F

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Security Exchange Act of 1934.

Yes No

If Yes is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): _____

DOCUMENTS FILED AS PART OF THIS FORM 6-K

See the Exhibit Index to this Form 6-K.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

PENGROWTH ENERGY TRUST
by its administrator PENGROWTH
CORPORATION

March 19, 2008

By: /s/ Gordon M. Anderson
Name: Gordon M. Anderson
Title: Vice President

FORM 6-K EXHIBIT INDEX

Exhibit No.

99.1

Press Release announcing the filing of year end disclosure documents.

NEWS RELEASE

Attention: Financial Editors

**Stock Symbol: (PGF.UN) - TSX;
(PGH) - NYSE**

**PENGROWTH ENERGY TRUST ANNOUNCES FILING OF
YEAR END DISCLOSURE DOCUMENTS**

(Calgary, March 19, 2008) /CCN Matthews/ Pengrowth Corporation, administrator of Pengrowth Energy Trust, filed its audited Consolidated Financial Statements for the year ended December 31, 2007 and related Management's Discussion and Analysis with Canadian securities regulatory authorities on March 19, 2008. Pengrowth has now also filed its Annual Information Form for the year ended December 31, 2007, which includes the disclosure and reports relating to reserves data and other oil and gas information required pursuant to National Instrument 51-101 Standards of Disclosure for Oil and Gas Activities of the Canadian Securities Administrators. In addition, Pengrowth has filed its Form 40-F with the U.S. Securities and Exchange Commission. Copies of these documents may be obtained via www.sedar.com and www.sec.gov/edgar.shtml. These documents are also available on Pengrowth's website at www.pengrowth.com.

To request a hard copy of Pengrowth's audited Consolidated Financial Statements free of charge, please email Pengrowth's investor relations department at:

investorrelations@pengrowth.com.

PENGROWTH CORPORATION

James S. Kinnear

Chairman, President and Chief Executive Officer

For further information about Pengrowth, please visit our website www.pengrowth.com or contact:

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