Singh R Nicholas Form 4 March 15, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

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10% Owner

if no longer subject to Section 16. Form 4 or Form 5 obligations

may continue.

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 See Instruction

(Print or Type Responses)

1(b).

1. Name and Address of Reporting Person * Singh R Nicholas

2. Issuer Name and Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to

Issuer

ANNALY CAPITAL MANAGEMENT INC [NLY]

(Check all applicable)

EVP and General Counsel

(Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year)

Other (specify X_ Officer (give title below)

C/O ANNALY CAPITAL MANAGEMENT, INC., 1211 AVENUE OF THE AMERICAS, **SUITE 2902**

(Street)

4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check

Director

Filed(Month/Day/Year)

03/11/2010

Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting

NEW YORK, NY 10036

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired 5. Amount of Code (Instr. 3, 4 and 5) (Instr. 8) (A) Or Code V Amount (D) 4. Securities Form: Description (D) or Securities Form: Description (D) or Indirect (Code V Amount (D) Price (Instr. 3 and 4)) 5. Amount of Code Securities Form: Description (D) or Indirect (Code V Amount (D) Price (Instr. 3 and 4))	Beneficial									
Common Stock	03/11/2010		M 9,561 A \$ 42,900 D										
Common Stock			7,415 I	By 401(k) Plan									
Class A Preferred Stock			1,150 I	By 401(k) Plan									

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Secu Acqu (A) o Disp (D)	rities nired or osed of r. 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Option to purchase Common Stock (1)	\$ 17.07						07/07/2006	07/07/2015	Common Stock	30,000
Option to purchase Common Stock (1)	\$ 11.72	03/11/2010		M		9,561	02/13/2007	02/13/2016	Common Stock	9,561
Option to purchase Common Stock (1)	\$ 15.7						05/17/2008	05/17/2017	Common Stock	40,000
Option to purchase Common Stock (1)	\$ 16.46						05/08/2009	05/08/2018	Common Stock	53,000
Option to purchase Common Stock (1)	\$ 15.61						09/19/2009	09/19/2018	Common Stock	53,000
Option to purchase Common Stock (1)	\$ 13.25						04/22/2010	04/22/2019	Common Stock	150,000

Reporting Owners

Reporting Owner Name / Address Relationships

Reporting Owners 2

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Director 10% Owner Officer Other

Singh R Nicholas C/O ANNALY CAPITAL MANAGEMENT, INC. 1211 AVENUE OF THE AMERICAS, SUITE 2902 NEW YORK, NY 10036

EVP and General Counsel

Signatures

/s/ R. Nicholas Singh 03/15/2010

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options previously granted.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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