FOATE DEAN A Form 4 May 07, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB

Expires:

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January 31, 2005

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obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1(b).

1. Name and Address of Reporting Person * FOATE DEAN A

2. Issuer Name and Ticker or Trading Symbol

REGAL BELOIT CORP [RBC]

5. Relationship of Reporting Person(s) to

Issuer

(Last)

(City)

(Middle)

(Zip)

3. Date of Earliest Transaction

(Check all applicable)

55 JEWELERS PARK DRIVE

(First)

(Street)

(State)

(Month/Day/Year)

X_ Director 10% Owner Officer (give title Other (specify below)

05/05/2010

4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check

Filed(Month/Day/Year)

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

NEENAH, WI 54956

1. Title of 2. Transaction Date 2A. Deemed Security (Month/Day/Year) Execution Date, if (Instr. 3) (Month/Day/Year)

4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5) 5. Amount of Securities Beneficially Owned Following Reported

6. Ownership 7. Nature of Form: Direct Indirect (D) or Beneficial Indirect (I) Ownership (Instr. 4) (Instr. 4)

(A)

Transaction(s) (Instr. 3 and 4)

Code V Amount (D) Price

Common 05/05/2010 Stock

2,000 \$0 A A (1)

10,000

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable and		7. Title and Amoun	
Derivative	Conversion	(Month/Day/Year)	y/Year) Execution Date, if TransactionNumber Expiration Date			Underlying Securit			
Security	or Exercise		any	Code	of	(Month/Day/Yea	r)	(Instr. 3 and	4)
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivativ	re e			
	Derivative				Securitie	S			
	Security				Acquired				
					(A) or				
					Disposed				
					of (D)				
					(Instr. 3,				
					4, and 5)				
				Code V	(A) (D)	Date Exercisable	Expiration	Title	Amo
							Date		or
									Numl
									of Sh
Non-Qualified									
-	¢ 21 02					10/07/0005(3)	10/07/0015	Common	146
Stock Option	\$ 31.92					10/07/2005(3)	10/07/2015	Stook	14,0

Stock

Reporting Owners

Relationships Reporting Owner Name / Address

10% Owner Officer Other Director

FOATE DEAN A 55 JEWELERS PARK DRIVE X **NEENAH, WI 54956**

Signatures

Dean A. Foate by David A. Barta **POA**

05/07/2010

**Signature of Reporting Person

Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Restricted Shares granted to the reporting person under the 2003 Equity Incentive Plan. Restricted Shares are nontransferable until **(1)** 5/5/2013.
- (2) Options granted under the Regal-Beloit Corporation 2003 Equity Incentive Plan.
- 2000 shares are immediately available for exercise; 4000 shares become available on the anniversary date of the grant each of the next (3) three years.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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