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INGLES MARKETS INC Form 8-K August 03, 2007

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934 Date of Report (Date of earliest event reported) August 3, 2007 INGLES MARKETS, INCORPORATED ______ (Exact name of registrant as specified in its charter) 56-0846267 North Carolina (State or other jurisdiction (Commission (IRS Employer of incorporation) File Number) Identification No Identification No.) P.O. Box 6676, Asheville, NC 28816 ______ (Address of principal executive offices) (Zip Code) Registrant's telephone number, including area code (828) 669-2941 N/A ______ (Former name or former address, if changed since last report.) Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions: [] Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425) [] Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12) [] Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b)) [] Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange

Item 2.02 Results of Operations and Financial Condition.

Act (17 CFR 240.13e-4(c))

On August 3, 2007, Ingles Markets, Incorporated ("IMKTA") issued a press release announcing financial information for its third fiscal quarter ended June 30,

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2007. The press release is attached as Exhibit 99.1 to this Form 8-K.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits.

Exhibit Number Description of Exhibit
-----99.1 Press release issued An

99.1 Press release issued August 3, 2007

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

INGLES MARKETS, INCORPORATED

(Registrant)

Date: August 3, 2007

By: /s/ Ronald B. Freeman

Ronald B. Freeman Chief Financial Officer

EXHIBIT INDEX

Exhibit Description

99.1 Press Release dated August 3, 2007