USANA HEALTH SCIE Form 8-K April 26, 2011 UNITED STATES	NCES INC	
SECURITIES AND EX	CHANGE COMMISSION	
WASHINGTON, D.C. 2	20549	
FORM 8-K		
CURRENT REPORT		
Pursuant to Section 13 or	15(d) of	
the Securities Exchange	Act of 1934	
Date of Report (Date of E April 26, 2011	Earliest Event Reported):	
USANA HEALTH SCII	ENCES, INC.	
(Exact name of registrant	as specified in its charter)	
Utah		
(State or other jurisdiction	n of incorporation)	
0-21116 (Commission File No.)	87-0500306 (IRS Employer Identification Number)	
3838 West Parkway Bou Salt Lake City, Utah 841		
	ecutive offices, Zip Code) umber, including area code: (801) 954-7100	
	x below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the following provisions:	
[] Written communica	ations pursuant to Rule 425 under the Securities Act (17 CFR 230.425)	
[] Soliciting material	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)	

[]	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b) under th	(b))
[]	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c)	c))

Item 2.02 Results of Operations and Financial Condition.

On April 26, 2011, USANA Health Sciences, Inc. issued a press release announcing its financial results for the first quarter ended April 2, 2011. The release also announced that executives of the company would discuss these results with investors on a conference call broadcast over the World Wide Web and by telephone and provided access information, date and time for the conference call. A copy of the press release is furnished herewith as Exhibit 99 to this Current Report on Form 8-K and is incorporated herein by reference. The company will also post this document on its corporate website, www.usanahealthsciences.com.

The information in this Current Report is being furnished and shall not be deemed "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934, as amended, or otherwise subject to the liabilities of that Section. The information in this Current Report shall not be incorporated by reference into any registration statement or other document pursuant to the Securities Act of 1933, as amended. The furnishing of the information in this Current Report is not intended to, and does not, constitute a representation that such furnishing is required by Regulation FD or that the information this Current Report contains is material investor information that is not otherwise publicly available.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

Exhibit 99 Press release issued by USANA Health Sciences, Inc. dated April 26, 2011 (furnished herewith).

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

USANA HEALTH SCIENCES, INC.

By: /s/ Jeffrey A. Yates

Jeffrey A. Yates, Chief Financial Officer

Date: April 26, 2011