

ALEXANDERS J CORP
Form 8-K
March 13, 2009

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, DC 20549

FORM 8-K

CURRENT REPORT
Pursuant to Section 13 or 15(d) of the
Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): March 13, 2009 (March 12, 2009)

J. ALEXANDER'S CORPORATION
(Exact Name of Registrant as Specified in Charter)

Tennessee (State or Other Jurisdiction of Incorporation)	1-08766 (Commission File Number)	62-0854056 (IRS Employer Identification No.)
----------------------------------------------------------------	----------------------------------------	----------------------------------------------------

3401 West End Avenue, Suite 260, P.O. Box 24300, Nashville, Tennessee 37202 (Address of Principal Executive Offices)	Code)	(Zip
-------------------------------------------------------------------------------------------------------------------------	-------	------

Registrant's telephone number, including area code: (615) 269-1900

Not Applicable
(Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
 - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
 - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
 - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
-

Item 2.02. Results of Operations and Financial Condition.

On March 12, 2009, J. Alexander's Corporation issued a press release announcing its financial results for the fourth quarter and year ended December 28, 2008, the text of which is set forth in Exhibit 99.1.

Item 7.01. Regulation FD Disclosure.

J. Alexander's Corporation's press release announcing its financial results for the fourth quarter and year ended December 28, 2008 is furnished as Exhibit 99.1.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits:

The following exhibit is filed or furnished herewith as noted above:

Exhibit Number	Description
----------------	-------------

99.1	Press Release Dated March 12, 2009
------	------------------------------------

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, as amended, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

J. Alexander's Corporation

Date: March 13, 2009

By:

/s/ R. GREGORY LEWIS

R. Gregory Lewis

Chief Financial Officer, Vice President of Finance and
Secretary

EXHIBIT INDEX

Exhibit No.	Description
99.1	Earnings Press Release dated March 12, 2009