

PENGROWTH ENERGY TRUST
Form 6-K
April 07, 2010

SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16 of the

Securities Exchange Act of 1934

April 7, 2010

Commission File Number: 1-31253

PENGROWTH ENERGY TRUST

2100, 222 3 Avenue S.W.

Calgary, Alberta T2P 0B4 Canada

(address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F Form 40-F

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(1):

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7):

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Security Exchange Act of 1934.

Yes No

If Yes is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b):

The exhibit to this report, furnished on Form 6-K, shall be incorporated by reference into or as an exhibit to, as applicable, each of the registrant's Registration Statements under the Securities Act of 1933, as amended: Form F-3 (File No. 333-143810) and Form F-10 (File No. 333-158580).

DOCUMENTS FILED AS PART OF THIS FORM 6-K

See the Exhibit Index to this Form 6-K.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

PENGROWTH ENERGY TRUST

by its administrator PENGROWTH CORPORATION

April 7, 2010

By: /s/ CHRISTOPHER G. WEBSTER
Name: Christopher G. Webster
Title: Chief Financial Officer

FORM 6-K EXHIBIT INDEX

**Exhibit
No.**

99.1 Notice of Annual and Special Meeting of Unitholders and Management Information Circular dated March 31, 2010.