

PENGROWTH ENERGY TRUST  
Form 6-K  
August 05, 2010

# **SECURITIES AND EXCHANGE COMMISSION**

**WASHINGTON, D.C. 20549**

## **FORM 6-K**

**Report of Foreign Private Issuer**

**Pursuant to Rule 13a-16 or 15d-16 of  
the Securities Exchange Act of 1934**

**August 4, 2010**

**Commission File Number: 1-31253**

# **PENGROWTH ENERGY TRUST**

**2100, 222 3 Avenue S.W.**

**Calgary, Alberta T2P 0B4 Canada**

**(address of principal executive offices)**

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Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F  Form 40-F

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Security Exchange Act of 1934.

Yes  No

If  Yes is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): \_\_\_\_\_

**DOCUMENTS FILED AS PART OF THIS FORM 6-K**

See the Exhibit Index to this Form 6-K.

**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

**PENGROWTH ENERGY TRUST**

by its administrator PENGROWTH CORPORATION

August 4, 2010

By: /s/ CHRISTOPHER G. WEBSTER  
Name: **Christopher G. Webster**  
Title: **Chief Financial Officer**

**FORM 6-K EXHIBIT INDEX**

**Exhibit No.**

99.1 Press Release reporting second quarter 2010 results for Pengrowth Energy Trust