### Edgar Filing: COOK THOMAS A - Form 4

COOK THO	OMAS A										
Form 4											
March 15, 2											
FORM		SECU	RITIES	AND EX	сна	NGE CO	OMMISSION	OMB APPROVAL			
	DIAILO			, D.C. 20				OMB Number:	3235-0287		
Check the					.,				Expires:	January 31,	
if no lon subject t	AENT O	F CHAI	NGES IN	Estimated average 2005							
Section	SECURITIES						burden hours per				
Form 4 or			~ .		response	0.5					
Form 5 obligation	-						•	Act of 1934,			
may cor	ntinue. Section 17			•	•	· ·	•	935 or Section			
<i>See</i> Insta 1(b).	ruction	50(II)	of the fi	ivesuiien	t Compai	IY AC	ct of 1940				
1(0).											
(Print or Type	Responses)										
1. Name and Address of Reporting Person *       2. I         COOK THOMAS A       Symmetry								. Relationship of Reporting Person(s) to ssuer			
COOK IH	•	Symbol					155001				
			HEALTHCARE SERVICES GROUP INC [HCSG]					(Check all applicable)			
<b>~</b> >									100	0	
(Last)	(First) (	Middle)		of Earliest T	Transaction			_X_ Director _X_ Officer (give t		Owner r (specify	
								below) below) President			
300	,		00/11/2					1	resident		
			4. If Amendment, Date Original 6				5. Individual or Joint/Group Filing(Check				
				onth/Day/Yea	-			Applicable Line)			
							-	X_Form filed by Or			
BENSALE	M, PA 19020						Ī	Form filed by Mo Person	ore than One Rep	oning	
(City)	(State)	(Zip)	Tab	ole I - Non-	Derivative	Secu	rities Acqui	red, Disposed of,	or Beneficiall	y Owned	
1.Title of	2. Transaction Date	2A. Deem	ed	3.			quired (A)	5. Amount of	6.	7. Nature of	
Security	(Month/Day/Year)	Execution	Date, if	Transaction Disposed of (D)				Securities	Ownership	Indirect	
(Instr. 3)		any (Month/Day/Year)		Code (Instr. 3, 4 and 5) (Instr. 8)				Beneficially Owned		Beneficial Ownership	
								Following	or Indirect (Instr	(Instr. 4)	
						(A)		Reported Transaction(s)	(I) (Instr. 4)		
						or	D.'	(Instr. 3 and 4)	(111501.4)		
Common				Code V	Amount	(D)	Price \$				
stock	03/14/2011			М	22,501	А	φ 13.9267	68,536	D		
Common stock	03/14/2011			М	15,000	А	\$ 10.3867	83,536	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock option	\$ 13.9267	03/14/2011		М		22,501	01/03/2009	06/30/2011	common stock	22,501
Stock option	\$ 10.3867	03/14/2011		М		15,000	01/05/2010	06/30/2011	common stock	15,000

## **Reporting Owners**

Reporting Owner Name / Addr	ess	Relationships						
	Director	10% Owner	Officer	Other				
COOK THOMAS A 3220 TILLMAN DRIVE SUITE 300 BENSALEM, PA 19020	X		President					
Signatures								
/s/ Thomas A Cook	03/15/2011							
**Signature of Reporting Person	Date							

### **Explanation of Responses:**

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.