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BRUCKMAN	NN BRUCE												
Form 4	012												
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION									OMB APPROVAL				
	UNITED	ITIES Af hington, 1			NGE (COMMISSION	OMB Number:	3235-0287					
Check this if no longe subject to Section 16 Form 4 or Form 5	er STATEN 5.	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,								January 31, 2005 average Irs per 0.5			
obligation may contin <i>See</i> Instruct 1(b).	s Section 17(a) of the	Public Uti		ing Com	pany	Act o	of 1935 or Sectio	n				
(Print or Type Ro	esponses)												
1. Name and Address of Reporting Person <u>*</u> BRUCKMANN BRUCE			2. Issuer Name and Ticker or Trading Symbol TOWN SPORTS INTERNATIONAL HOLDINGS					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last)	(First) (1	Middle)							ctorX_ 10% Owner cer (give titleOther (specify below)				
	MANN, ROSS & CO., 126 EAS TH FLOOR		(Month/Da 01/18/20	-				below)	below)				
				ndment, Dat th/Day/Year)	e Original			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting					
(City)		(Zip)						Person					
1.Title of Security (Instr. 3)		n Date 2A. Deemed		TransactionAcquired (A) or Code Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5) (A) or			er P)	quired, Disposed of 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)					
Common Stock, par value \$0.001	01/18/2012			А	1,667 (1)	A	\$0	1,134,378	D				
Common Stock, par value \$0.001								8,238	I	BCB Family Partners, L.P. (2)			

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Titl	e and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onNumber	Expiration D	ate	Amou	int of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security	Secu
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securi	ities	(Instr. 5)	Bene
	Derivative				Securities			(Instr.	3 and 4)		Owne
	Security				Acquired						Follo
	•				(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									Amount		
						Date Exercisable	Expiration Date	Title	or Number of		
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
The forming of the stand of the stand of		Director	10% Owner	Officer	Other		
BRUCKMANN BRUCE C/O BRUCKMANN, ROSSER, SHERRILL & 126 EAST 56TH STREET, 29TH FLOOR NEW YORK, NY 10022	сО.	Х	Х				
Signatures							
/s/ David Kastin, Attorney_in_Eact 01/19/	2012						

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were issued pursuant to the Registrant's 2006 Stock Incentive Plan, as amended, as the annual award of shares to directors puruant to the Amended and Restated Non-Employee Director Compensation Plan.
- (2) These shares are held by BCB Family Partners, L.P., of which the Reporting Person is the general partner.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Attorney-in-Fact

**Signature of Reporting Person