TOWN SPORTS INTERNATIONAL HOLDINGS INC Form 3 May 13, 2014 FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 OMB APPROVAL OMB Number: 3235-0104

#### INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and A Person <u>*</u> Spatafora		porting	2. Date of Event Requiring Statement (Month/Day/Year) 05/12/2014	3. Issuer Name and Ticker or Trading Symbol TOWN SPORTS INTERNATIONAL HOLDINGS INC [CLUB]				
(Last)	(First)	(Middle)	05/12/2014	4. Relationship of Reporting Person(s) to Issuer			5. If Amendment, Date Original Filed(Month/Day/Year)	
5 PENN PL	AZA							
	(Street)			(Check all applicable) 6. Individual or .			6. Individual or Joint/Group	
NEW YORF	K, NYÂ	10001			<pre> 10% Other v) (specify bel nancial Office</pre>	ow)	Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person	
(City)	(State)	(Zip)	Table I - N	Non-Derivat	ive Securiti	ies Be	neficially Owned	
1.Title of Secur (Instr. 4)	rity		2. Amount o Beneficially (Instr. 4)		3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Na Owne (Instr	1	
Common Sto	ock, par va	alue \$0.001	0		D	Â		
Reminder: Repo owned directly			ch class of securities benefic	<sup>ially</sup> S	EC 1473 (7-02	2)		
	Perso infor requi	ons who resp mation conta red to respo	pond to the collection of ained in this form are not nd unless the form displ MB control number.	t				

#### Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise Price of	5. Ownership Form of Derivative	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date		Amount or Number of	Derivative Security	Security: Direct (D) or Indirect	

January 31,

2005

0.5

Expires:

response...

Estimated average burden hours per

Shares

(I) (Instr. 5)

# **Reporting Owners**

<b>Reporting Owner Name / Address</b>	Relationships					
I O	Director	10% Owner	Officer	Other		
Spatafora Carolyn 5 PENN PLAZA NEW YORK, NY 10001	Â	Â	Chief Financial Officer	Â		
Signatures						
/s/ David Kastin, Attorney-in-Fact	05/13/2014					
**Signature of Reporting Person		Date				

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, *see* Instruction 5(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

## Â **Remarks:** Exhibit List

### Exhibit 24 Power of Attorney

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.