#### Edgar Filing: BAINUM BRUCE - Form 4

Form 4 November	BRUCE 16, 2017									
FORM		CTATES (	GECUD	TTIES	AND EV		NCEC	OMMISSION		PROVAL
	this box	SIAIES			AND EX n, D.C. 20		NGE U	UMIMISSION	OMB Number:	3235-0287
if no los	ngar			ana n					Expires:	January 31, 2005
subject Section Form 4 Form 5 obligati	or Filed pur	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES       Estimated average burden hours per response         Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,						verage		
may co				•	nt Compan	· ·		1935 or Section		
(Print or Type	e Responses)									
1. Name and BAINUM	Address of Reporting BRUCE	5	2. Issuer Symbol CHOICH		nd Ticker or ELS	Tradiı	0	5. Relationship of I Issuer		
					NAL INC	/DE	[CHH]	(Check	all applicable	1
(Last)	. , , ,	(	(Month/Da	ay/Year)	Transaction			Director Officer (give ti below)	itle $X_10\%$ below)	
8171 MAF BLVD, SU	PLE LAWN JITE 375		11/15/20	)17						
	(Street)				Date Origina	1		6. Individual or Joi	nt/Group Filin	g(Check
FULTON,	MD 20759	1	Filed(Mont	th/Day/Ye	ear)			Applicable Line) _X_ Form filed by On Form filed by Mo Person		
(City)	(State)	(Zip)	Table	e I - Non	-Derivative	Secur		iired, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)			3. Transacti	4. Securiti	es Acc	quired (A)	5. Amount of	6.	7. Nature of
(msu: 5)		any (Month/Day	y/Year) (	Code (Instr. 8)	omr Dispose (Instr. 3, 4	(A) or	)	Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Indirect Beneficial Ownership (Instr. 4)
Common Stock	11/15/2017		( y/Year) (	Code	(Instr. 3, 4 Amount	and 5 (A)		Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Form: Direct (D) or Indirect (I)	Beneficial Ownership
Common	11/15/2017	(Month/Day	( y/Year) (	Code (Instr. 8) Code V	(Instr. 3, 4 Amount	(A) or (D)	) Price \$	Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4) See Footnote
Common Stock Common	11/15/2017	(Month/Day	( y/Year) (	Code (Instr. 8) Code V	(Instr. 3, 4 Amount	(A) or (D)	) Price \$	Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) 2 1,474,438	Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4) See Footnote (1) See Footnote

#### Edgar Filing: BAINUM BRUCE - Form 4

Stock			Footnote $(4)$
Common Stock	34,455	I	See Footnote $(5)$
Common Stock	1,527,307	Ι	See Footnote $(6)$
Common Stock	6,595	I	See Footnote (7)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactio Code (Instr. 8)	of Derivative Securities Acquired (A) or Disposed		ate	Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans
				of (D) (Instr. 3, 4, and 5)						(Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

## **Reporting Owners**

Reporting Owner Name / Address	Relationships					
I B	Director	10% Owner	Officer	Other		
BAINUM BRUCE 8171 MAPLE LAWN BLVD SUITE 375 FULTON, MD 20759		Х				

# Signatures

Christine A. Shreve, POA

11/16/2017

**Signature of Reporting
Person

Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares owned by the Bruce Bainum Declaration of Trust ("Bruce Trust") for which Dr. Bainum is the sole trustee and current beneficiary. Shares sold pursuant to a Rule 10b5-1 Trading Plan
- (2) The proportionate interest of the Bruce Trust in shares (978,482) owned by Mid Pines Associates, L.P. ("Mid Pines") an entity in which the Bruce Trust has shared voting authority.

The proportionate interest of the Bruce Trust in shares (6,821,574) owned by Realty Investment Co. Inc., ("Realty") a family real estate(3) investment and management company in which Dr. Bainum is a noncontrolling shareholder and shares voting authority. Realty owns Choice stock as well as other assets.

- (4) The proportionate interest in shares owned by Realty (6,821,574) of individual trusts for the benefit of Dr. Bainum's adult children for which Dr. Bainum is the trustee. Beneficial ownership is disclaimed.
- (5) The proportionate interest in shares owned by Mid Pines (978,482) of individual trusts for the benefit of Dr. Bainum's adult children for which Dr. Bainum is the trustee. Beneficial ownership is disclaimed.
- (6) The proportionate interest of Dr. Bainum, the Bruce Trust and grantor retained annuity trusts created by Dr. Bainum, in shares owned by Posadas Holdings, LLC, ("Posadas") a family investment entity in which Dr. Bainum shares voting authority.
- (7) Shares owned by a trust for the benefit of Dr. Bainum's descendants for which Dr. Bainum is the trustee.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.