DesAutels David Form 4/A March 27, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

Washington, D.C. 20549

OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading DesAutels David Issuer Symbol VAALCO ENERGY INC /DE/ (Check all applicable) [EGY] (Last) (First) (Middle) 3. Date of Earliest Transaction Director 10% Owner Other (specify X_ Officer (give title (Month/Day/Year) below) 9800 RICHMOND AVENUE, 03/21/2019 Vice President **SUITE 700** (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person 03/27/2019 Form filed by More than One Reporting HOUSTON, TX 77042 Person

(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of	2. Transaction Date	e 2A. Deemed	3.	4. Securities Acquired	5. Amount of	6. Ownership 7. Nature of				

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Security	(Month/Day/Year)	Execution Date, if	Transactio	ction(A) or Disposed of (D)			Securities	Form: Direct	Indirect
(Instr. 3)		any	Code	(Instr. 3, 4 and 5)			Beneficially	(D) or	Beneficial
		(Month/Day/Year)	(Instr. 8)			Owned	Indirect (I)	Ownership	
						Following	(Instr. 4)	(Instr. 4)	
					(4)		Reported		
					(A)		Transaction(s)		
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
C			Couc v	Amount	(D)				
Common	03/21/2019		M	26,146	A	\$	119,095	D	
Stock						0.93			
Common						\$			
Stock	03/21/2019		F	13,875	D	0.93	105,220	D	
Stock						0.73			
Common	03/21/2019		M	84,406	A	\$	189,626	D	
Stock	03/21/2019		IVI	84,400	А	φ 0.86	189,020	D	
Common	03/21/2019		D	84,406	D	\$	105,220	D	
Stock	03/21/2017		D	01,100	יב	0.86	105,220	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)			6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Options	\$ 0.93	03/21/2019		M		26,146	11/02/2018	11/02/2022	Common Stock	26,146
SAR	\$ 0.86	03/21/2019		M		84,406	02/28/2019	02/28/2023	Common Stock	84,406

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

DesAutels David

9800 RICHMOND AVENUE, SUITE 700 Vice President

HOUSTON, TX 77042

Signatures

/s/ David DesAutels, by Michael Silver, as attorney-in-fact 03/27/2019

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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