#### HARWOOD JAMES E

Form 4

January 18, 2006

### FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number:

5. Relationship of Reporting Person(s) to

3235-0287

0.5

Check this box if no longer STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

January 31, Expires: 2005

**OMB APPROVAL** 

subject to Section 16. Form 4 or

**SECURITIES** 

Estimated average burden hours per response...

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person \*

HARWOOD JAMES E		Symbol					g	Issuer			
			REGIO	REGIONS FINANCIAL CORP [RF]					(Check all applicable)		
(Last)	(First)	(Middle)		3. Date of Earliest Transaction			( - · · · · · · · · · · · · · · · · · ·				
2670 UNION AVE. EXTENDED,			(Month/Day/Year)					X Director 10% Owner Officer (give title Other (specify			
STE. 700	VAVE. EAT	MDLD,	01/13/20	)00					below)	below)	(»F)
	(Street)		4. If Amer	ndment,	Dat	e Original			6. Individual or 3	Joint/Group Fili	ng(Check
MEMPHIS,	TN 20112		Filed(Mon	th/Day/Y	ear)				Applicable Line) _X_ Form filed by Form filed by	One Reporting Po	
WILMIFIIIS,	111 36112								Person		
(City)	(State)	(Zip)	Table	e I - Nor	ı-De	erivative S	ecuri	ties Acc	quired, Disposed	of, or Beneficia	lly Owned
1.Title of Security (Instr. 3)	2. Transaction I (Month/Day/Ye	ear) Execut any	emed ion Date, if n/Day/Year)	3. Transa Code (Instr.		4. Securi nAcquired Disposed (Instr. 3,	l (A) o l of (D	)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	
Common Stock	01/10/2006			G	V	3,000	D	\$ 0	107,567	D	
Common Stock	01/11/2006			G	V	1,000	D	\$0	106,567	D	
Common Stock									43,463	I	By IRA
Common Stock									2,288	I	By Spouse

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	e 3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercis Expiration Dat (Month/Day/Y	te	7. Title and A Underlying S (Instr. 3 and	Securities
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Phantom Stock Units (DDSIP)	(1)	01/13/2006		P	614.05	<u>(1)</u>	<u>(1)</u>	Common Stock	614.05
Stock Option	\$ 25.59					07/01/2004	10/10/2011	Common Stock	7,800
Stock Option	\$ 24.81					07/01/2004	10/08/2012	Common Stock	8,400
Stock Option	\$ 33.48					10/14/2003	10/14/2013	Common Stock	6,200

## **Reporting Owners**

Reporting Owner Name / Address	Relationships					
. 0	Director	10% Owner	Officer	Other		

HARWOOD JAMES E 2670 UNION AVE. EXTENDED, STE. 700 X MEMPHIS, TN 38112

# **Signatures**

Reporting Person

By: Ronald C. Jackson	01/13/2006
**Signature of	Date

Reporting Owners 2

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## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The reported phantom stock units were acquired under Regions' Directors Deferred Stock Investment Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.