Edgar Filing: REGIONS FINANCIAL CORP - Form 4

Form 4 July 31, 200							OMB AF	PPROVAL		
FORM	4 UNITED STAT	ES SECURITIES			NGE C	OMMISSION	OMB	3235-0287		
Check th	nis box	Washington	ngton, D.C. 20549				Number: Expires:	January 31,		
if no lon subject t Section Form 4 Form 5	16.	STATEMENT OF CHANGES IN BENEFICIAL OWN SECURITIES						2005 iverage rs per 0.5		
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940										
(Print or Type	Responses)									
	Address of Reporting Person RONALD C	2. Issuer Name an Symbol REGIONS FINA			-	5. Relationship of Issuer				
(Last)	(First) (Middle)	3. Date of Earliest 7				(Checl	ck all applicable)			
P.O. BOX 10247 (Month/Day/Year) 07/28/2006						Director 10% Owner X Officer (give title Other (specify below) below) Corporate Comptroller				
BIRMING	(Street) HAM, AL 35202	4. If Amendment, D Filed(Month/Day/Yea	-	l		6. Individual or Jo Applicable Line) _X_ Form filed by C Form filed by M Person	One Reporting Pe	rson		
(City)	(State) (Zip)	Table I - Non-	Derivative	Securi	ities Acq	uired, Disposed of	, or Beneficial	ly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date 2A. E (Month/Day/Year) Exect any (Mon	eemed 3.	4. Securit ion(A) or Di (Instr. 3,	ies Ac sposed 4 and 5 (A)	quired l of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect		
		Code V	Amount	or (D)	Price	(Instr. 3 and 4)				
Common Stock	07/28/2006	Х	3,462	А	\$ 28.88	14,085	D			
Common Stock	07/28/2006	Х	4,032	А	\$ 25.66	18,117	D			
Common Stock	07/28/2006	Х	1,857	А	\$ 25.02	19,974	D			
Common Stock	07/28/2006	Х	3,858	А	\$ 25.02	23,832	D			
Common Stock	07/28/2006	S	13,209	D	\$ 36.59	10,623	D			

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option	\$ 28.88	07/28/2006		Х		3,462	08/30/2000	08/30/2009	Common Stock	3,462
Stock Option	\$ 25.66	07/28/2006		Х		4,032	02/19/2006	02/19/2010	Common Stock	4,032
Stock Option	\$ 25.02	07/28/2006		Х		1,857	01/22/2004	01/22/2012	Common Stock	1,857
Stock Option	\$ 25.02	07/28/2006		Х		3,858	01/22/2005	01/22/2012	Common Stock	3,858
Phantom Stock Units (401k)	\$ 0 <u>(1)</u>						<u>(1)</u>	<u>(1)</u>	Common Stock	2,849
Stock Option	\$ 28.17						(2)	04/21/2011	Common Stock	6,173
Stock Option	\$ 33.82						(3)	10/15/2011	Common Stock	20,000

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
JACKSON RONALD C			Componento Competentillor					
P.O. BOX 10247 BIRMINGHAM, AL 35202			Corporate Comptroller					

Signatures

By: D. Bryan Jordan

07/31/2006

Signature of
Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The reported phantom stock units were acquired under Regions' benefit plans.
- (2) The option becomes exercisable in three equal installments on April 21, 2005, 2006 and 2007.
- (3) The option becomes exercisable in two equal installments on October 15, 2006 and 2007.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.