## Edgar Filing: Schulze Robert E. - Form 4

Schulze Rob	ert E.									
Form 4	0.010									
November 08										
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION						OMMISSION		APPROVAL		
			Washington, D.C. 20549					OMB Number:	3235-0287	
Check this box if no longer								Expires:	January 31 2005	
subject to STATEMENT C Section 16. Form 4 or			SECUR	ITIES				Estimated a burden hou response	verage	
Form 5 obligation may cont <i>See</i> Instru 1(b).	ns Section 17(a	a) of the Publi		ling Con	npan	y Act of	e Act of 1934, 1935 or Section 0	1		
(Print or Type F	Responses)									
1. Name and Address of Reporting Person <u>*</u> Schulze Robert E.			2. Issuer Name <b>and</b> Ticker or Trading Symbol BRIDGFORD FOODS CORP [BRID]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
							X_ Director10% Owner			
(Last) (First) (Middle) 2910 SHAOY FOREST LN.								er (specify		
			4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line)			
ORANGE, O	CA 92867						_X_ Form filed by C Form filed by M Person			
(City)	(State)	(Zip)	Fable I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date any (Month/Day/Ye	Code	4. Securities Acquired tion(A) or Disposed of (D) (Instr. 3, 4 and 5) ) (A) or			Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common			Code V	Amount	(D)	Price	(Instr. 3 and 4)			
Common Stock \$1.00 P.V.	10/29/2010	10/29/2010	Р	3,000	А	\$ 13.2	143,545	D		
Common Stock \$1.00 P.V.	10/29/2010	10/29/2010	S	3,000	D	\$ 12.49	24,325	Ι	IRA	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amou Unde Secur	le and int of rlying ities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

## **Reporting Owners**

Reporting Owner Name / Address		Relationships							
1	Director	10% Owner	Officer	Other					
Schulze Robert E. 2910 SHAOY FOREST LN. ORANGE, CA 92867	X								
Signatures									
/s/ Robert E. 1 Schulze	1/08/2010								
**Signature of Reporting Person	Date								
E 1 11 (B									

## **Explanation of Responses:**

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.