FBL FINANCIAL GROUP INC

Form 4

August 30, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

OMB APPROVAL

Expires:

January 31, 2005

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if no longer subject to Section 16. Form 4 or Form 5

Check this box

obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Last)

(Print or Type Responses)

1. Name and Address of Reporting Person * Happel Charles

(First)

(Middle)

2. Issuer Name and Ticker or Trading

Symbol

FBL FINANCIAL GROUP INC [FFG]

(Check all applicable)

5. Relationship of Reporting Person(s) to

Issuer

(Month/Day/Year) 08/29/2013

Filed(Month/Day/Year)

Director 10% Owner Other (specify _X__ Officer (give title

below) Chief Investment Officer

5400 UNIVERSITY AVENUE

4. If Amendment, Date Original

3. Date of Earliest Transaction

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

(Street)

WEST DES MOINES, IA 50266

(City)	(State)	(Zip) Tab	le I - Non-	Derivativ	e Secu	rities Acqui	red, Disposed of,	or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)		esed of 4 and (A) or	` ′	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Class A Common Stock	08/29/2013		M	1,709	A	\$ 32.56	6,640	D	
Class A Common Stock	08/29/2013		S	1,709	D	\$ 45.4674	4,931	D	
Class A Common Stock	08/29/2013		M	1,542	A	\$ 37.86	6,473	D	
Class A Common	08/29/2013		S	1,542	D	\$ 45.4674	4,931	D	

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Stock								
Class A Common Stock	08/29/2013	M	2,600	A	\$ 32.96	7,531	D	
Class A Common Stock	08/29/2013	S	2,600	D	\$ 45.4674	4,931	D	
Class A Common Stock	08/29/2013	M	4,226	A	\$ 20.64	9,157	D	
Class A Common Stock	08/29/2013	S	4,226	D	\$ 45.4674	4,931	D	
Class A Common Stock						6,129.724	I	by Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number out Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Incentive Stock Option (right to buy)	\$ 20.64	08/29/2013		M	4,226	08/19/2009(2)	08/19/2018	Class A Common Stock	4,226
Incentive Stock Option (right to	\$ 32.56	08/29/2013		M	1,709	01/16/2007(2)	01/16/2016	Class A Common Stock	1,709

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buy)								
Incentive Stock Option (right to buy)	\$ 32.96	08/29/2013	M	2,600	01/15/2009(2)	01/15/2018	Class A Common Stock	2,600
Incentive Stock Option (right to buy)	\$ 37.86	08/29/2013	M	1,542	01/15/2008(2)	01/15/2017	Class A Common Stock	1,542

Reporting Owners

Reporting Owner Name / Address			Relationships	
	Director	10% Owner	Officer	Other
Happel Charles 5400 UNIVERSITY AVENUE WEST DES MOINES, IA 50266			Chief Investment Officer	

Signatures

By: David McNeill per filed confirming stmt For: Charles Theodore Happel

**Signature of Reporting Person Date

08/30/2013

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Reporting person holds 6,129.724 shares in a company sponsored 401(k) Plan. Ownership form is indirect and the nature of the indirect beneficial ownership is by trust.
- (2) Shares become exercisable annually, beginning one year from the date of grant, pro-rata during a five year period, subject to compliance with annual dollar limits for incentive stock option grants.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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