RLJ Lodging Trust Form 4 August 23, 2016

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL

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may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).
(Print or Type Responses)

1. Name and Address of Reporting Person *
Gormsen Christopher Andrew

2. Issuer Name **and** Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Chief Accounting Officer

,401

(Last) (First)

(Middle)

(Zip)

RLJ Lodging Trust [RLJ]
3. Date of Earliest Transaction

(Month/Day/Year)

08/20/2016

____ Director
__X_ Officer (give title

_____ 10% Owner le _____ Other (specify

6. Ownership 7. Nature of Form: Direct Indirect

Beneficial Ownership

(Instr. 4)

C/O RLJ LODGING TRUST, 3 BETHESDA METRO CENTER, SUITE 1000

(Street)

(State)

4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check

Applicable Line)

Filed(Month/Day/Year)

_X_Form filed by One Reporting Person ___Form filed by More than One Reporting

(D) or

Indirect (I)

(Instr. 4)

Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

below)

BETHESDA, MD 20814

(City)

1.Title of	2. Transaction Date	2A. Deemed	3.	4. Securities Acqui	ired	5. Amount of
Security	(Month/Day/Year)	Execution Date, if	Transaction(A) or Disposed of (D)			Securities
(Instr. 3)		any	Code	Code (Instr. 3, 4 and 5)		Beneficially
		(Month/Day/Year)	(Instr. 8)			Owned
						Following
				(4)		Reported
				(A)		Transaction(s)
			C-1- V	or)!	(Instr. 3 and 4)
			Code V	Amount (D) F	Price	

3 and 4)
0 D

F 98 (1) D \$ 23.5

19,820

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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	2.	3. Transaction Date		4.	5.	6. Date Exerc		7. Titl		8. Price of	9. Nu
Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	(Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Transact Code (Instr. 8)	orNumber of Derivativ Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	:		Amou Under Securi (Instr.	lying	Derivative Security (Instr. 5)	Deriv Secur Bene Own Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Gormsen Christopher Andrew C/O RLJ LODGING TRUST 3 BETHESDA METRO CENTER, SUITE 1000 BETHESDA MD 20814			Chief Accounting Officer			

Signatures

/s/ Anita Cooke Wells,
Attorney-in-Fact

**Signature of Reporting Person

08/23/2016 Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Reflects common shares surrendered to the Issuer to satisfy tax withholding obligations in connection with the vesting of restricted common shares.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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