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TRUSTCO BANK CORP N Y  
Form 8-K  
April 29, 2003

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of  
the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): April 29, 2003  
(April 29, 2003)

TrustCo Bank Corp NY

(Exact name of registrant as specified in its charter)

New York  
(State or other jurisdiction of incorporation)

0-10592

14-1630287

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(Commission File Number)

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(IRS Employer Identification No.)

5 Sarnowski Drive, Glenville, New York 12302  
(Address of principal executive offices) (Zip Code)

Registrant's telephone number, including area code: (518) 377-3311  
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TrustCo Bank Corp NY

Item 5. Other Events

A press release was issued on April 29, 2003 announcing that Henry Collins, Secretary and General Counsel will be leaving the Company effective May 23, 2003 to return to private law practice. Other TrustCo employees will assume his duties and

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responsibilities. Attached is the press release labeled as exhibit 99(a).

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(c) Exhibits

Reg S-K Exhibit No.	Description
99(a)	Press release dated April 29, 2003 announcing that Henry Collins, Secretary and General Counsel will be leaving the Company effective May 23, 2003 to return to private law practice. Other TrustCo employees will assume his duties and responsibilities.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

Dated: April 29, 2003

TrustCo Bank Corp NY  
(Registrant)

By: /s/ Robert T. Cushing

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Robert T. Cushing  
President and  
Chief Executive Officer

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Exhibits Index

The following exhibits are filed herewith:

Reg S-K Exhibit No.	Description	Page
99(a)	Press release dated April 29, 2003 announcing that Henry Collins, Secretary and General Counsel will be leaving the Company effective May 23, 2003 to return to private law practice. Other TrustCo employees will assume his duties and responsibilities.	5

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Exhibit 99(a)

TRUSTCO  
Bank Corp NY

News Release

5 Sarnowski Drive, Glenville, New York, 12302  
(518) 377-3311 Fax: (518) 381-3668

Subsidiary: Trustco Bank

NASDAQ - TRST

Robert M. Leonard  
Vice President  
518-381-3693

FOR IMMEDIATE RELEASE

TrustCo Bank Corp NY (TrustCo) announced that Henry Collins, Secretary and General Counsel will be leaving the Company effective May 23, 2003 to return to private law practice. Other TrustCo employees will assume his duties and responsibilities.

Except for historical information contained herein, the matters discussed in this news release and other information contained in TrustCo's Securities and Exchange Commission filings may express "forward-looking statements." Those "forward-looking statements" may involve risk and uncertainties, including statements concerning future events or performance and assumptions and other statements that are other than statements of historical facts. TrustCo wishes to caution readers not to place undo reliance on any forward-looking statements, which speak only as of the date made. Readers are advised that various risk factors, including but not limited to: (1) credit risk, (2) interest rate risk, (3) competition, (4) changes in the regulatory environment, and (5) changes in general business and economic trends, could cause the actual results or circumstances for future periods to differ materially from those anticipated or

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projected.

TrustCo does not undertake, and specifically disclaims any obligation, to publicly release the results of any revisions that may be made to any forward-looking statements to reflect the occurrence of unanticipated events or circumstances after the date of such statement.

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