YORK DOUGLAS W

Form 5

Value

February 15, 2005

1 Columny 13	, 2003										
FORM	15								PPROVAL		
UNITED STATES SECURITIES AND EXCHANGE COMMISSION								OMB Number:	3235-0362		
Check thi no longer	subject		Washington, D.C. 20549					Expires:	January 31, 2005		
1 01111 + 01 1 01111			ATEMENT OF CHANGES IN BENI OWNERSHIP OF SECURITIES				ICIAL	Estimated a burden hour response	verage		
See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported Form 4 30(h) of the Investment Company Act of 1940 Transactions Reported											
1. Name and Address of Reporting Person * YORK DOUGLAS W			2. Issuer Name and Ticker or Trading Symbol ST MARY LAND &				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
			EXPLORATION CO [SM]				(Check all applicable)				
(Last) (First) (Middle)			3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2004				Director 10% Owner X Officer (give title Other (specify below) below)				
1776 LINC	OLN ST, STE 7		. 1, 200 .				Exec	c.VP & COO			
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Reporting				
			-()				(check	applicable line)			
DENVER, CO 80203 _X_ Form Filed by One Reporting Person Form Filed by More than One Reporting											
(6:4)	(6, ,)	(T')					rson				
(City)	(State)	(Zip)	Table I - Non-De	rivative Se	ecuriti	ies Acquire	ed, Disposed of,	or Beneficial	ly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date any (Month/Day/Ye	Code	(A) or D	4. Securities Acquired (A) or Disposed of (D (Instr. 3, 4 and 5) (A)		5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and	Ownership Form:	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock; \$.01 Par Value	06/30/2004	Â	M	Amount	or (D)	Price \$ 24.225	2,455	D	Â		
Common Stock; \$.01 Par	12/31/2004	Â	M	337 (1)	A	\$ 35.65	2,792	D	Â		

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date		4.	5.	6. Date Exerc		7. Titl		8. Price of	
Derivative	Conversion	(Month/Day/Year)	•	Transaction	Number	Expiration D		Amou		Derivative	
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	, ,	Security	
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securi	ities	(Instr. 5)	
	Derivative				Securities			(Instr.	3 and 4)		
	Security				Acquired						
					(A) or						
					Disposed						
					of (D)						
					(Instr. 3,						
					4, and 5)						
					,						
									Amount		
						Date	Expiration		or		
						Exercisable	Date	Title	Number		
						Exercisable	Date	of	of		
					(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
YORK DOUGLAS W 1776 LINCOLN ST STE 700 DENVER, CO 80203	Â	Â	Exec.VP & COO	Â			

Signatures

James C. Robertson (Attorney-In-Fact) 02/15/2005

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Mr. York purchased 455 shares of the issuer's common stock on June 30, 2004, through the issuer's Employee Stock Purchase Plan.

 Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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