

SPARTAN STORES INC
Form 3
August 24, 2007

FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *		2. Date of Event Requiring Statement	3. Issuer Name and Ticker or Trading Symbol	
Â COUCH DAVID DES		(Month/Day/Year)	SPARTAN STORES INC [SPTN]	
(Last)	(First)	(Middle)	08/15/2007	
C/O 850 76TH STREET SW			4. Relationship of Reporting Person(s) to Issuer	5. If Amendment, Date Original Filed(Month/Day/Year)
(Street)			(Check all applicable)	
GRAND RAPIDS, Â MI Â 49518			<input type="checkbox"/> Director	<input type="checkbox"/> 10% Owner
(City)	(State)	(Zip)	<input checked="" type="checkbox"/> Officer	<input type="checkbox"/> Other
			(give title below)	(specify below)
			VP Information Technology	
				6. Individual or Joint/Group Filing(Check Applicable Line)
				<input checked="" type="checkbox"/> Form filed by One Reporting Person
				<input type="checkbox"/> Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Beneficially Owned

1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
Common Stock ⁽¹⁾	69,131.833	D	Â
Common Stock	4,000	I	Held by the Robert deS. Couch Irrevocable Non-Marital QTIP Living Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

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Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)	3. Title and Amount of Securities Underlying Derivative Security	4. Conversion or Exercise	5. Ownership Form of	6. Nature of Indirect Beneficial Ownership
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	Date Exercisable	Expiration Date	(Instr. 4) Title	Amount or Number of Shares	Price of Derivative Security	Derivative Security: Direct (D) or Indirect (I) (Instr. 5)	(Instr. 5)
Phantom Stock	Â (2)	Â (2)	Common Stock	876.31	\$ (2)	D	Â
Stock Option (Right to Buy)	10/11/2001	10/10/2011	Common Stock	8,333	\$ 7.44	D	Â
Stock Option (Right to Buy)	10/11/2002	10/10/2011	Common Stock	8,333	\$ 7.44	D	Â
Stock Option (Right to Buy)	10/11/2003	10/10/2011	Common Stock	8,334	\$ 7.44	D	Â
Stock Option (Right to Buy)	05/06/2004	05/05/2013	Common Stock	1,562	\$ 2.29	D	Â
Stock Option (Right to Buy)	05/06/2005	05/05/2013	Common Stock	1,562	\$ 2.29	D	Â
Stock Option (Right to Buy)	05/06/2006	05/05/2013	Common Stock	1,563	\$ 2.29	D	Â
Stock Option (Right to Buy)	05/06/2007	05/05/2013	Common Stock	1,563	\$ 2.29	D	Â
Stock Option (Right to Buy)	05/12/2005	05/11/2014	Common Stock	781	\$ 3.25	D	Â
Stock Option (Right to Buy)	05/12/2006	05/11/2014	Common Stock	781	\$ 3.25	D	Â
Stock Option (Right to Buy)	05/12/2007	05/11/2014	Common Stock	781	\$ 3.25	D	Â
Stock Option (Right to Buy)	05/12/2008	05/11/2014	Common Stock	782	\$ 3.25	D	Â
Stock Option (Right to Buy)	05/11/2006	05/10/2015	Common Stock	750	\$ 11.5	D	Â
Stock Option (Right to Buy)	05/11/2007	05/10/2015	Common Stock	750	\$ 11.5	D	Â
Stock Option (Right to Buy)	05/11/2008	05/10/2015	Common Stock	750	\$ 11.5	D	Â
Stock Option (Right to Buy)	05/11/2009	05/10/2015	Common Stock	750	\$ 11.5	D	Â
Stock Option (Right to Buy)	05/10/2007	05/09/2016	Common Stock	1,500	\$ 13.7	D	Â
Stock Option (Right to Buy)	05/10/2008	05/09/2016	Common Stock	1,500	\$ 13.7	D	Â

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Stock Option (Right to Buy)	05/10/2009	05/09/2016	Common Stock	1,500	\$ 13.7	D	Â
Stock Option (Right to Buy)	05/10/2010	05/09/2016	Common Stock	1,500	\$ 13.7	D	Â
Stock Option (Right to Buy)	05/18/2008	05/17/2017	Common Stock	850	\$ 28.28	D	Â
Stock Option (Right to Buy)	05/18/2009	05/17/2017	Common Stock	850	\$ 28.28	D	Â
Stock Option (Right to Buy)	05/18/2010	05/17/2017	Common Stock	850	\$ 28.28	D	Â
Stock Option (Right to Buy)	05/18/2011	05/17/2017	Common Stock	850	\$ 28.28	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
COUCH DAVID DES C/O 850 76TH STREET SW GRAND RAPIDS, MI 49518	Â	Â	Â VP Information Technology	Â

Signatures

/s/ Daniel C. Persinger, by power of attorney
08/24/2007

**Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 5(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) On August 15, 2007 the Spartan Stores, Inc. Board of Directors determined that Mr. Couch is an "officer" for the purposes of Rule 16a-1(f). Mr. Couch had previously been an "officer" for the purposes of that rule until August 2003.

(2) Represents shares of "phantom stock" held pursuant to the Spartan Stores, Inc. Supplemental Executive Retirement Plan ("Plan"). Shares of phantom stock are issued on a one-for-one basis and are payable in cash in accordance with the Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

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