Edgar Filing: BENSTOCK GERALD M - Form 4

BENSTOCK	GERALD M										
Form 4 May 09, 2008	S										
FORM	Л									PPROVAL	
	UNITE	D STATES		ITIES A			IGE (COMMISSION	OMB Number:	3235-0287	
Section 16. Form 4 or Form 5 Filed pursuant			OF CHANGES IN BENEFICIAL OWNERSH SECURITIES						Expires: Estimated a burden hou response	rs per	
obligation may contin <i>See</i> Instruct 1(b).	nue. Section 1			ility Hold vestment (· ·			f 1935 or Sectio 40	n		
(Print or Type R	esponses)										
BENSTOCK GERALD M Syn SU			Symbol	Name and IOR UNIF GC]		-		5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
	^(First) UNIFORM G SEMINOLE B		_	Earliest Tra ay/Year)	insaction			X Director X Officer (give below) Chairr		o Owner er (specify rd	
				endment, Date Original onth/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person 			
SEMINOLE	, FL 33772							Form filed by M Person	Iore than One Re	eporting	
(City)	(State)	(Zip)	Table	e I - Non-Do	erivative S	ecurit	ies Acq	uired, Disposed of	f, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction E (Month/Day/Yea	ar) Executio any	on Date, if		n(A) or Dis (D)	posed	of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Shares	05/07/2008			Р		A	\$ 9.1	37,275	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orfNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amou Unde Secur	le and unt of rlying ities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owno Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address		Relationships							
	Director	10% Owner	Officer	Other					
BENSTOCK GERALD M SUPERIOR UNIFORM GRO 10055 SEMINOLE BLVD SEMINOLE, FL 33772	OUP INC	X		Chairman of the Board					
Signatures									
Joan Petronella, 0 POA)5/09/2008	,							

<u>**</u>Signature of Reporting Person Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.